

henewhenmes issue 245 // 11 - 25 May 2012



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by **PAUL SIRETT**

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contents

11 May 2012 // **issue 245**



Big congratulations to dance troupe United We Stand, who have made it through the auditions of Britain's Got Talent. They have made us proud as ambassadors of our borough and role models for today's young people (p8).

If they've inspired you to take to the dancefloor read about our weekly dance programme open to children aged five to 16 (p10). Enjoy the read.

Cllr Lester Hudson

Deputy Mayor and executive member for finance, property and support services

To request a large print version of the Newham Mag call 020 3373 1517 or email newham.mag@ newham.gov.uk

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The Newham Mag is printed on 100% recycled paper by Woodford Litho Ltd and distributed by Letterbox Distribution.

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For all Newham Council services call 020 8430 2000 or visit www.newham.gov.uk

IN BRIEF //

Changes to school admissions

The way residents deal with Newham Council's Schools Admissions service has changed with people no longer able to get information from Local Service Centres. Now if you have a query about school admissions you need to go online to www. eadmissions.org.uk

If your child is due to start in a reception class or move from primary to secondary school in September 2013 you will be able to apply for a place from September this year. You can do so online or by using the paper form in the Starting School or Moving from Primary to Secondary guides which will be available in September.

Remembering Jack

A parade will be held on Sunday 27 May to honour war hero John 'Jack' Cornwell who died at the age of 16 during the Battle of Jutland in 1916.

Starting at 11.30am from the cadet centre on Vicarage Lane, E6. The Royal British Legion will lead a march to St Mary Magdalene's Church on High Street South, E6, where there will be a service and a wreath will be laid.

The parade honours Jack, from Manor Park, who was posthumously awarded the Victoria Cross for his gallantry aboard HMS Chester in the face of the enemy.

Accessible housing

All Newham properties advertised in the Choice Homes magazine and online at www.ellc.gov.uk now display information about how accessible they are.

The changes make it easier for people with special requirements to make more informed choices when bidding for properties using the council's Choice Based Lettings Scheme. For information visit www.newham.gov.uk/lettingsagency

Mayor brought to books

A night of literary delight marked the official reopening of Stratford Library following a £2.2m refurbishment.

A ceremonial ribboncutting took place on World Book Night to welcome all residents back to the borough's flagship library which has been refurbished.

Mayor Sir Robin Wales was on hand to lead the



celebrations which included gifting goodie bags and more than 70 books to individuals and community groups.

There was also a musical performance from the students of Nelson Primary School, E6 who are part of the council's Every Child a Musician programme.

As well as traditional library services on offer in bright, modern facilities, the building holds a new customer service area where people can use easy self-service kiosks for a range of transactions, dedicated areas for teenagers and children as well as 42 computers with free internet access.

Find out more about libraries by visiting www.newham.gov.uk/libraries

School children take star Games roles

Pupils from two Newham schools have been added to the list of people taking part in 2012 Games opening and closing ceremonies that will be watched by billions of people from around the world.

The London Organising Committee of the Olympic and Paralympic Games (LOCOG) have announced that children



from Little Ilford School in Manor Park will perform in the Olympics Closing Ceremony which takes on 12 August.

Children from Eastlea School in Canning Town will be taking part in the Paralympic Opening Ceremony which takes place on 29 August.

Mayor Sir Robin Wales said: "There are a lot of talented youngsters in Newham and it is fantastic that this has been recognised by LOCOG."



Candid camera snares law breakers

Newham Council is using hidden cameras to help prosecute scrap metal dealers who break the law by buying goods from children.

Last month one dealer in Canning Town was fined £200 after being filmed buying 9.5kg of copper worth



£200 for just £50 from test purchasers aged 14 and 15.

At Stratford Court, Anthony Hill, owner of T&N Hill services in Ives Road, admitted two offences under The Scrap Metal Dealers Act. He was also ordered to pay costs of £1,806.

The council is taking action to tackle cable and lead thefts. Metal dealers operating in the borough have been repeatedly warned not to buy metal from anyone aged under 16.

Cllr lan Corbett, executive member for environment, said: "We will prosecute anyone who is found accepting scrap metal from people under age. This behaviour could also encourage vandalism resulting from scrap metal thefts. These laws are in place to protect young people from harm."

Council Tax reminder

In tough times, making ends meet can be hard enough without having to worry



about paying bills like Council Tax. But failure to pay on time could lead to additional costs.

Last year, Newham Council issued 85,000 reminders to residents who missed a Council Tax payment. Ignoring a reminder notice could result in a demand to pay the annual balance in full. Usually it is spread over ten months.

This year up to two reminders will be issued. After this, missed payments will result in the whole amount becoming payable straight away.

The easiest way to pay your Council Tax is by Direct Debit. If you don't already pay this way visit www.newham.gov.uk/BenefitsAndPayments/ CouncilTax to set up a Direct Debit online. You will be able to choose from five payment dates. All payments will be taken automatically which means you won't have to remember to pay each month and run the risk of forgetting to do so on time.

>>

Newham legends pass away

Mayor Sir Robin Wales has called for one of the Olympic live sites in Stratford to be named in honour of Canning Town's gold medal winning boxer Terry Spinks MBE who died recently, aged 74.

Terry was the youngest Briton ever to win an Olympic boxing gold medal when he took the flyweight title at the Melbourne Olympic Games in 1956. After the Games, the fighter, who was a product of West Ham Amateur Boxing Club, went on to win 41 of his 49 professional fights and became an ambassador for the sport.

Sir Robin said: "Wimbledon has Henman Hill or Murray's Mount. We can have Terry's Turf. Thousands gathering on it would be a fitting tribute to a man whose Olympic glory should inspire the current Team GB."





Former East Ham resident Bert Weedon also died recently, aged 91. Bert was known for his bestselling manual *Play in a Day*, which taught readers, including musical legends Eric Clapton and Brian May, how to play the guitar.

Setting the record straight

You will have no doubt seen, read and heard an awful lot from me over recent weeks defending our work on housing.

Despite a lot of hard work, there are still some myths out there and I want to set the record straight to reassure everyone.

Most importantly, I want to make clear that I do not want to move people out of the borough. I aim to make Newham a place where people choose to live, work and stay.

We have no plans to move 500 individuals or families to another part of the country.

"I aim to make Newham a place where people choose to live, work and stay."

Following the Government's decision to restrict the Local Housing Allowance cap, and increased pressure on the private rented sector, we wrote to 1,179 housing associations outside of London to see if they were willing to take some of the 500 homeless cases from our waiting list.

Overall, our waiting list for social housing has 28,000 people on it and that is only going to increase.

Housing Minister Grant Shapps was quick to claim there were thousands of available properties around the borough and all we had



to do was look on a property internet website. So we did, and found only a handful of properties. A few quick phone calls revealed none were available to people claiming Housing Benefit.

If solving our housing problems could be done with a few simple computer mouse clicks, we'd have done that a long time ago and avoided causing any undue concern for our residents.

The minister also accused the BBC of playing political games. But their reporting of the issue was fair and accurate. Let me also make clear that we were not trying to make political gain out of a difficult situation.

The council is committed to doing what we can – we have Local Space

a social landlord that has provided
 1,450 properties for people in temporary accommodation.

"We are doing everything we can to ensure we have good quality, affordable housing that is fairly distributed"

We are doing everything we can to ensure we have good quality, affordable housing that is fairly distributed. But sadly, in the current climate, there are limits to what one borough can do with a national problem created by ministers in Westminster.



Mayor's view

Facilities that are top class

I was delighted to be able to open the new early years building at East Ham's Vicarage School and help pupils to bury a time capsule to mark the occasion.

The young people want the children of the future to look back and know what a fantastic place Newham was in 2012 with the Olympic Games and Paralympic Games and the Queen's Diamond Jubilee.

Builders working on the new building dug up two memory

tins from 1912 containing photos of the school and important events of the time such as the sinking of the Titanic and Scott's expedition to the South Pole.

The new block is top class and reflects all the hard graft that staff, governors and pupils have put in to make it happen over the past year. All our young people deserve to be able to achieve their best in such decent surroundings.



Birthday greetings

I had the pleasure of presenting a large bunch of flowers to life-long Forest Gate resident Gladys McIntyre as she reached her 100th birthday.



Gladys, who has

seen two world wars and the coronations of two monarchs, rightly celebrated with her family, friends and staff at the Westgate House Care Home in Romford Road, where she now lives. Her family told me that her secret to her long life is not drinking, not smoking and making sure that she gets plenty of sleep. There is a valuable lesson in that for all of us if we want to live as long as this wonderful old lady.

All the fun of the festival

It's Spring festival season across all of our nine community forum areas.

Many of the activities have been arranged by residents with help from their local councillors and the borough's Active Community Team.





where, amongst other things, more than 2,000 people of all ages enjoyed music and dance, sports, cake decorating, art and a talent show. Upcoming festivals will be held from 12noon-4pm on 19 May at Nelson Primary School in East Ham and Sandringham School in Upton Park on 26 May. Visit www.newham.gov.uk/whatson for details.

It was great to hear that Forest Gate residents are planning to welcome the 2012 Games by covering their neighbourhood with bunting. If you want to do something to get the Games party started visit www.newham.gov.uk/party



If you've got hopes of making it big in the entertainment industry, an endorsement from Simon Cowell goes a long way. This dream scenario became a reality for dance group United We Stand, after the straight talking reality TV judge congratulated them for their breath-taking performance at the Britain's Got Talent auditions.

The winner of the popular talent contest, aired on ITV1, has the chance to perform at the Royal Variety Performance as well as being awarded the princely sum of £500,000. And United We Stand are our firm favourites to win the competition.

"We want to show young people that if you're passionate about what you do, stay true to yourself and do what you love, you'll achieve what you set out to do"

The most talked about dance group since Diversity have their roots firmly in Newham. As well as rehearsing most days at Forest Gate Youth Zone or Centre Stage Dance Studios in Stratford, the group have connections to the borough either as residents, students at the University of East London (UEL) and St Anglela's Ursuline School or as dance tutors in our schools.

Their impeccable timing and natural flair for dance wasn't missed by the show's panel of judges, who described them as 'absolutely sensational' and having 'massive potential'.

You wouldn't be wrong if you thought you'd seen members of this group before. United We Stand are part of a collective which includes Unity UK and Unity Youth. And Britain's Got Talent isn't their first brush with fame. Founding member and lead choreographer Tashan Muir said: "In 2009 we entered BBC3's Move Like Michael Jackson dance competition, where we made it to the final.

"In 2010, we took part in the first series of Sky1's Got To Dance competition and reached the live semi finals. We returned there last year and this time we made it to the finals. This was was a real achievement because we were able to represent east London and grime music."

There are 35 members in the United We Stand family. Tashan said: "Our

motto is 40 per cent dance and 60 per cent family. Everyone has to gel and get on with each other. It shouldn't feel like work." And perhaps this is the secret to their success.

Community is at the heart of the group. While most young people would consider spending a share of £500,000 on luxury items, the group are in no doubt about what they would do with their winnings. "Our dream is to have our own dance studio/community centre where we can train and rehearse and teach other young people how to dance," explained Tashan.

The group really care about the public's perception of young people. Tashan said: "After last summer's disturbances a lot of people were convinced that all young people were no good, involved with crime and disorder. So we wanted to use the stereotypical music that people associate with that behaviour and change perceptions to show the good things that young people can do through dance."

"Doesn't matter what fame or recognition you get from anyone, for us it's always been about dance and family. We stay strong to our name, and are united always"

"We want to show young people that if you're passionate about what you do, stay true to yourself and do what you love, you'll achieve what you set out to do."

With massive endorsements from respected judges and the public, has fame changed the group's dynamics? Tashan said: "It's never been about ego. Doesn't matter what fame or recognition you get from anyone, for us it's always been about dance and family. We stay strong to our name, and are united always."

Follow United We Stand on Twitter @UnitedWeStand05. Remember to vote for them if they make it to the finals of Britain's Got Talent, aired on ITV1 on Saturday 12 May.

What our judges say

Mayor Sir Robin Wales

"I think United We Stand are excellent and a real asset to the borough. They're so great that we've



arranged for them to perform at this year's Mayor's Newham Show, so come along and see them in action on 21 July."

Professor Patrick McGhee UEL Vice Chancellor

It's terrific to see this group, some of whom are our own students, excel in such a prestigious and high-profile competition. As



the first UK university to offer a degree in Urban Dance Practice we are a hundred percent behind the group and would encourage all of Newham to get behind them, too."

Young Mayor Abraham Male

"It's really inspiring to see a group of young people come together and share their talents through dance. I hope



that, like me, Newham's young people will support them through their journey to the final."

Get into the groove

Whether you've got Moves Like Jagger or have two left feet, if you're aged between five and 16 we're giving you the chance to develop twinkle toes with a range of dance classes as part of our Dancing in a Street Near You programme.



For a limited period, for just £1 per lesson, you can learn how to dance. Styles include ballet, hip hop, folk, tap, jazz and Bollywood. The taster sessions will get your heart

pumping and are a great way to discover hidden talents and make new friends.

Jack Douglas, eight, has only been dancing for a few weeks but has already shown a natural flair for hip hop dance. The N-Dubz fan and Vicarage Primary School pupil said: "My mum told me about the classes and I thought they sounded interesting. Some of the moves are difficult

but I try to practise when I'm at home."

The classes, run by a professional dance tutor from the Deborah Day dance school, begin with a warm up, which Jack explains is necessary so that: "When we dance we don't strain our neck or anything else." It is followed by a high energy dance routine. "We have different songs each week – last week we danced to Black and Yellow," said Jack, which he confesses was one of his favourite routines so far.

Jack's mum Michelle said: "I was told about the lessons by a friend of mine, who said Jack should give them a go. It's quite hard to get him into anything, we've tried lots, but he's really taken to the classes."

The sessions are far from over but Jack has already decided that dance is

something he wants to do more of. "At home I dance if there's music on and in school we're going to start learning zumba," he said. And he has some practical advice for other young people who are considering dance classes: "You might think you won't like it, but give it a try. You can always stop going if it's not for you."

Best foot forward

Classes are held across the borough and are £1 per week for a limited period. After this time other charges apply. Find out more by visiting www.newham. gov.uk/dancing



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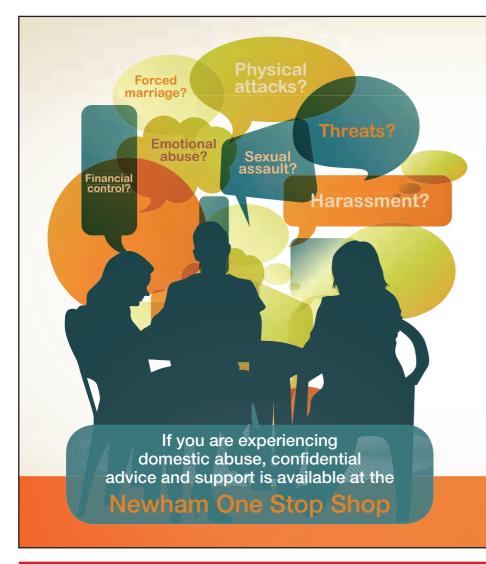
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First session is free, please quote this advert when booking.

Regiment Fitness is seeking military and ex military personnel to join our expanding team of instructors as part of the Get Back into a healthier lifestyle programme.

If you think this is you and would like a new challenge, contact the Regiment Fitness HQ for job opportunities today. Call 01582 658569 or email contact@regimentfitness.co.uk





Newham London

Every Monday from 9.30am - 12.30pm

Stratford Advice Arcade 107-109 The Grove Stratford London E15 1HP

Local Domestic Violence Services Newham Police Community Safety Unit

Aanchal Asian Women's Aid 0845 451 2547

Newham Action Against Domestic Violence 020 7473 3047

24hr National Domestic Violence Helpline 0808 2000 247

If you are in immediate danger call

For further information email DVcoordinator@newham.gov.uk or call 0203 373 1781





Once in a lifetime opportunity to work on the 2012 Olympic and Paralympic Games

workplace

Creating a better future

Final opportunity to apply for work on the 2012 Olympic and Paralympic Games.

The last round of recruitment for Gamestime jobs will take place this month. Act now to apply for jobs in the following areas:

- > Traffic Management
- > Retail
- > Cleaning
- > Security
- > Stewarding
- > Catering

Stratford

Boardman House, 64 Broadway, Stratford, London E15 1NT

Canning Town

The Place. 2 Silvertown Way, Canning Town, London E16 1EA

The majority of the roles are short term (2 - 9 weeks) but there are some longer-term positions available to start immediately. Whether you are a student, parent or looking to enhance your CV, this is a unique opportunity to be a part of the greatest show on earth!

Workplace is co-ordinating Games-time applications from all Newham residents. You can call into your nearest office or register on the link below and a member of our dedicated Games-time team will be in touch:

www.newhamworkplace.co.uk/2012Jobs.htm

East Ham

Opposite Newham Town Hall, High Street South, East Ham, London E6 6ER

brought to you by



Foster and make a difference

Fostering changes lives. You could make a real difference to the upbringing of a child or teenager by making space in your home and life to do one of the most worthwhile things you're ever likely to do.

Throughout London there is a shortage of foster carers – and Newham is no exception. If you've ever considered fostering, stop thinking, start acting and find out more at our special event on Tuesday 22 May at St John's Church, Broadway, E15.

What is fostering?

Fostering is when you care for a child when their parents are unable to look after them. It may be they live with you for a few weeks, a few months or sometimes until they are grown up.

Why consider fostering?

Fostering is very rewarding. It fits in with family life and is home-based.

Who we are looking for?

There are many reasons why a child goes into care, but what they will all have in common are feelings of anxiety about what is happening to them. We need carers who can help children feel safe, secure and settled during the time they are living in foster care.

We welcome carers from all ethnicities but are short of carers from an African heritage or who are white British. We also need more carers to look after teenagers.

How we can support you

Every approved Newham foster carer is allocated a supervising social worker who will support you with your fostering role. There is also a emergency duty team on hand 24-7.

When you first become a foster carer, we will give you a setting up grant, so you can equip your home ready for the foster child. Once a child is placed with you, you will receive a weekly allowance to cover the costs of caring for them and a weekly fee for yourself which will increase as you develop your skills and experience.

Find out more about fostering from 5.30-7.30pm on Tuesday 22 May at St John's Church, Broadway, E15. If you can't make the event, call freephone **0800 0130 393** or visit **www.newham.gov.uk/fostering** for further information.





Since October 2011, council officers have been checking outhouses in back gardens to help end the exploitation of residents forced to live in sub-standard and often dangerous housing.

Six-hundred legal notices have been issued and 57 landlords have been prosecuted for offences in the past year. More than 2,000 cases have been investigated.

Executive member for environment. Councillor Ian Corbett, said: "We're taking action because sheds or outbuildings are being used to exploit vulnerable people. Problems linked to these dwellings include anti-social behaviour and public health problems such as excess rubbish or sewage.

"They rarely conform to fire regulations which puts everyone's lives at risk,

including neighbours. Many are unfit for human habitation.

"Bringing more people into a neighbourhood puts a strain on council services. And as these people do not pay Council Tax, the burden of extra costs falls on everyone else."

The enforcement team is using aerial photography to target addresses where they believe outbuildings are being used illegally. You can help end this illegal behaviour by reporting buildings you think may be used to provide housing.

Here are some of the scenes officers have uncovered

1. The owners of this rear outbuilding changed its use from a storage unit to a place which could house more than odds and ends. Last November, officers discovered a toilet and kitchen in the building,



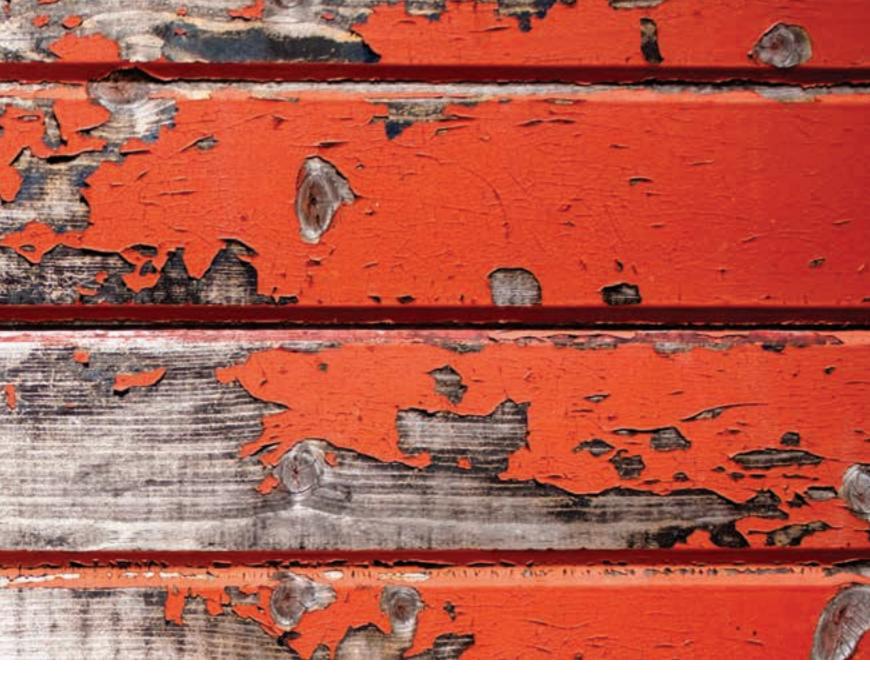
suggesting that it was being lived in. The owner ignored a warning to remove all fixtures and fittings and is now facing prosecution.

2.

Enforcement officers uncovered this property whilst routinely visiting



gardens to ensure sheds were being



used to house tools not tenants. The building, which had its own access, had been portioned off from the main garden.

3. No cars were found in this self-contained garage. The cot shows that a small child was also living in these cramped conditions. When enforcement officers spoke to the landlord he said he wasn't aware that he could not use the



building in this way. A warning produced swift results, and the landlord quickly removed his tenants along with the fixtures and fittings.

4. A couple and their pet were squashed into this building at the rear of a commercial property. With no garden for the pet to exercise, when nature called it had no choice but to deposit its mess indoors.

What the council can do:

- > where we find illegal dwellings, the council will take action.
- > we will demolish any building found to be housing people without the right planning consent
- > landlords will be prosecuted through the courts and could face hefty fines.

How you can help

If one of our officers calls at your home, ask to see their photographic identity card to check who they are. All they will want to do is look at an outbuilding they have identified nearby as being of concern. You will not be identified and the officer will not take up any more than a few minutes of your time.

To help Newham Council's enforcement team tackle suspect outbuildings, contact the planning enforcement team on 020 3373 8300 between 9am and 1pm on weekdays or email planningenforcement@newham.gov.uk











Queens Market New traders wanted!

We have a very limited number of vacant pitches at Queens Market, Upton Park. If you have a product different from what is usually sold at the market come along and meet the team on a Tuesday, Thursday, Friday or Saturday or contact us now: Call 020 8475 8971, email tony.patten@newham.gov.uk or visit www.newham.gov.uk

We are seeking traders offering:

- Books
- Delicatessen produce
- Sportswear
- Sports equipment/items
- Car accessories

- Men's fashion
- Quality hot food
- Gifts and ornaments
- · Computers and accessories

Or something different you think would complement the market

Open 9am-6pm, Tuesday, Thursday, Friday and Saturday. Pitches just £85 per week.

Don't forget, Queens Market is also open every Sunday from 11am-5pm; second hand sellers welcome, only £10 per pitch!





Newham London

Right next to Upton Park Tube, Green Street, Upton Park

DANCINGA NEAR YOU

Are you age 5-16 year old? Do you love to dance? Or would you like to learn?

Dance taster sessions will be coming to a community centre near you. From ballet to break dance, there is something for everyone.

The dance classes in a range of style will be available for a limited period at a discounted price of £1.

At this low price why not give it a try!

For further information visit www.newham.gov.uk/dancing to see what classes are available near you.



Whether you're young or old, no one likes to see streets littered with rubbish. You tell us that clean streets are one of the top three things that matter most to you. Young people often get blamed for making the borough a mess, which is why Young Mayor Abraham Male has made cleaning up their act one of his priorities.

Abraham is asking Newham's young people to take matters into their own hands and has set a clean-up challenge to take place along Prince Regent Lane, Plaistow, on 16 May, from 5-7pm.

Armed with litter picking equipment, gloves and bin bags, he's asking young people to roll up their sleeves and see how much rubbish they can collect in two hours.

Prince Regent Lane was chosen as it is a long road and one of the borough's busiest pedestrian routes. It is home to Cumberland School and Newham Sixth Form College, as well providing access to the nearby Newham University Hospital.

Alongside the litter-picking challenge, Abraham is asking all young people to pledge not to drop rubbish. Youth councillors across schools and colleges will be out speaking to young people and asking them to sign the pledge or show their supportby tweeting 'I'm in #keepnewhamtidy' to @ym_newham.

Abraham said: "I want as many young people as possible to support this campaign either by volunteering and joining me and the Youth Council on 16

May or by pledging not to drop litter – unless it's into a bin.

"Young people are perceived to be the main culprits of littering, but it's not just specific to us. We all need to take a more responsible role in keeping our borough clean. I'm counting on young people to get their friends and family to put a stop to littering and help create a better borough for us all."

GET INVOLVED

If you'd like to take part in the clean-up email youngmayor@newham.gov.uk or visit www.newham.gov.uk/youngmayor for more information; you must be aged between 11 and 18. Follow Abraham on Twitter @ym_newham.







Foster care fortnight







If you are interested in fostering, come along to our Fostering Information Evening.

This event will provide you with insight on how you can change a child's future through fostering. This will include information on how fostering can be a career that is emotionally and financially rewarding.

Date: Tuesday 22 May 2012

Time: 5.30pm - 7.30pm

Venue: St John's Church

Broadway, Stratford, London E15 1NG

Young musicians are bold as brass

If ever an opportunity comes along for Newham's talented youngsters to join the top brass, then they are always up for the challenge.

So when a group of musicians from Forest Gate's Shaftesbury School were offered the exciting opportunity to play alongside the world's most famous brass band, they were certainly ready to blow their own trumpets – and trombones, tubas and other instruments.

The bold as brass pupils, all part of Newham's innovative Every Child a Musician programme, made all the right noises when they took part in a masterclass with the Grimethorpe Colliery Band.

The band, from South Yorkshire, was formed in 1917 as a leisure activity for workers at the colliery. International fame came with the 1995 film *Brassed Off*, starring Ewan McGregor, the plot of which was based on Grimethorpe's struggles against pit closures. The film's soundtrack was recorded by the band.

The masterclass was arranged as part of the Newham-Barnsley Partnership, the link up between Newham and Barnsley councils to deliver a 2012 legacy outside of London by using the power of the Olympic Games and Paralympic Games to connect very different communities.

The colliery band travelled to Forest Gate with children from

the choir at Birkwood Primary School in Barnsley. The visitors got the chance to see views of the Olympic Park in Stratford before they returned to Shaftesbury Primary to take part in a special performance for families of pupils from both schools.

Mayor Sir Robin Wales, right, who also watched the performance, said: "Through our Every Child a Musician programme we now have more than 6,500 primary school children learning an instrument. For our young people to be able to have the opportunity to learn from the world's best brass band was truly memorable."

Birkwood School head teacher Julie Allen said: "We already have a great relationship with Grimethorpe Colliery Band. The visit has allowed our pupils to grasp the legacy of the 2012 Games and Newham's youngsters to learn a little about our mining heritage."

Visit www.newham.gov.uk/ everychildamusician for more details on the programme.







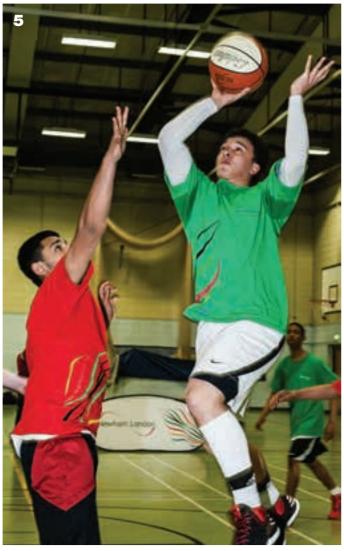


Newham in pictures









1 Adding another string to their bows: Every Child a Musician students raise the roof at opening of the newly refurbished Stratford Library.

2 Something to smile about. Pupils at Vicarage School celebrate the opening of their new foundation building. 3 Looking towards the future at Vermillion, the housing development at Rathbone Market. 4 Steeling the show at the Forest Gate Spring Festival. 5 Teens reach new heights at the finals of the Young Mayor's Community Basketball Tournament.



there are not many who can say they've been a part of the Olympic Park construction from the beginning. But born and bred Newham resident John Dunne, from Plaistow, has been involved since 2007. As construction on the park draws to a close, John sees a bright future ahead thanks to Workplace.



Newham Council's employment service has helped more than 1,600 people like John find work by equipping them with the skills they need to sustain employment as the borough becomes a magnet for developers, helping with both training and finding jobs.

The construction industry has never been an easy option. The work is difficult, often short-term and is the first to suffer in a downturn. But increasing skills, such as training to operate heavy machinery, boosts people's chances of continuing employment.

What construction experience did you have before you visited Workplace?

I've been in the industry for 23 years, so I've been through the ups and downs. I started by laying pipes. One day someone didn't turn up, so I ended up in charge of eight people. It's gone on from there. Each day is different and you're usually with a good team of lads.

What training have you undertaken with help from Workplace?

I did the First Aid at Work course which employers are very keen on. I've been trained for dumper trucks, telescopic forklift trucks, 360-degree diggers, telescopic handlers and most recently tunnelling. At the end of each course you get your certificate – or what we call a ticket. The more tickets you have, the greater your chances of getting work.

With all of the other big agencies you're just a number and that's it as soon as a job is over. Workplace go out of their way to help you. They still keep in contact about other opportunities. They are getting better and better.

How do you get training?

Workplace organises the course but only if there is a job offer. It usually doesn't cost you money. All it takes is time; I have to take a day off. Employers are okay as they get a person with qualifications.

Where have you worked on the Olympic Park and what have you done?

Everywhere! I was the 189th person to start on the project when everywhere was an empty space. I've worked on the stadium, the media centre and even re-routed a river.

Are you worried about finding work after your contract ends?

No. When I first started on dumper trucks, I realised other operators were older people and they were retiring. I have recently secured a tunnelling ticket which will cover me for the next ten years and enable me to work on Crossrail.

What advice would you give to someone who is looking for construction work?

There is work out there, as long as you're trained and and prepared to work hard. Once you're in somewhere you can make the contacts that create opportunities for work. If you don't ask, you don't get.

Is there a particular part of the Olympic project that stands out for you?

Watching the stadium being put together. At one stage they had the second-largest crane in Europe there. Something like that lets you understand the scale of it all.

What are you most looking forward to about the Games?

It would be nice to see the Opening Ceremony but given the chance it has to be the football.

......

Be ahead of the game

Workplace has a number of construction and training opportunities for residents. If you have some experience in this field and are looking for work, register today. Call 020 3373 1101 or visit www.newhamworkplace.co.uk



East Ham resident Crystal Palmer, 20, has played a central part in deciding what graces the stage at Theatre Royal Stratford

East (TRSE) as part of their Open Stage project. "In the 1950s, Joan Littlewood transformed British theatre by creating work at TRSE for the community by the community. Open Stage echoes this by letting the public decide what appears on stage at TRSE. As a volunteer, I attended weekly sessions to find out about different things that could be on stage. I helped research what residents wanted to see at the theatre, which involved speaking to people from all ages and backgrounds.

"One thing has been clear from the start, and that is that Open Stage is our stage - so we're busy developing events and activities that people not only can come to see but can be an active part of, or even be in."

"After several months, raucous laughter, gallons of tea, homemade cakes and the help of the public, our goal became apparent. Talent should be showcased, in its most polished or rawest form. Included in this year's programming is an array of musical theatre and we had a

noose which will receive a full-scale main stage production.

"It's essential that young people's perspectives were included, not only because TRSE puts young people at the heart and "It's essential that young people's perspectives were included, not only because TRSE puts young people at the heart and "It's essential that young people's perspectives were included, not only because TRSE puts young people at the heart are the heart and the heart and the heart are the heart and the heart are the heart and the heart are the heart a series of rehearsed readings of plays by new writers, where the public "It's essential that young people's perspectives were included, not only because that should be heard and of its work but also because we make up a huge percentage of this community, with voices that should be heard and talent that should be seen choose which will receive a full-scale main stage production. TIETIL LITIAL STILULIU DE SEETI.

"One thing has been clear from the start, and that is that Open Stage is our stage — so we're busy developing events

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talent that should be seen.

The activities that people not only can come to see out can be an active part of, or even be in.

"You make up a part of Newham and this community, so make it your stage and get involved. Visit "You make up a part of Newham and this community, so make up a part of Newham and this community."

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"You make up a part of Newham and this community." and activities that people not only can come to see but can be an active part of, or even be in. Tou make up a part of Newnam and this community, so make it your stage and get involved. Visit www.stratfordeast.com, call the Open Stage team on 020 8534 0310 or visit the theatre to find out more.



NEWHAM SERVICES FORUM

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADELL ON 07890 529 090

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free training for a nationally-recognised qualification, worth £3,000, in:

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Contact us on **020 8472 0343** or email **mot@newham.gov.uk Appointments only**

Class 4 vehicles only (cars)

Central Depot, Jenkins Lane, Barking, Essex IG11 0AD

POLIGE, CUNGIL, ACTION!

CCTV cameras are our eyes in the skies, but they can only do so much. When they capture crimes in action, the police need your help to find the people responsible. Newham residents name safety as a top priority; you can play an active role in keeping our streets safe by checking out our hall of shame and getting in touch with the police with any information on the people pictured. Call 020 8217 5453 or Crimestoppers on 0800 555 111, quoting the reference number under each photo.

Incident I Hold the phone

Coffee can be pricey, but for one woman a quiet latte cost her even more than she expected. On Tuesday 17 January, a man went up to the female customer who was sitting at a table in Starbucks coffee shop, Broadway, E15. He distracted the woman with a leaflet and spoke to her in a language she did not understand. When the man left, the woman noticed that her mobile phone was missing.







Incident 2 A lotta bottle

Afternoon drinking became even less socially acceptable on Monday 6 February, when these men went into Caffé Concerto, at Westfield, E20, and helped themselves to bottles of alcohol from behind the counter.

Police want to speak to these men in connection with the incident. Do you know them?













Incident 3 Charity mugger

Charity begins at home – not on your way home. That was lost on the man who went into the minicab office at Sebert Road, E7, on Monday 30 January. He argued with the staff about paying in advance for a cab fare. Whilst leaving the cab office he picked up a charity box and walked out with it.

Police want to speak to this man in connection with this incident. Do you know him?









Newham

Causing a distraction

Distraction burglary is when someone uses a lie, trick or distraction to deceive their way into a building which they can then rob. Sometimes, violence is used to gain entry. The police have seen this kind of crime rise, but the good news is that you can easily protect yourself and your property from these kinds of criminals. Here are some top tips provided by Crimestoppers:

Just say no – Although most people who come to your door will be genuine, you should be cautious when answering the door to anyone you don't know – man, woman or child. If you're concerned, phone the

company the person says they're from using a number given on official literature or the company's website. A genuine caller will wait.

What's the magic word – A lot of companies offer password schemes. Ask your suppliers if they do and sign up.

Get your facts straight – The 'water board' no longer exists - but bogus callers will often say this is where they are from.

Lock it off – Keep your home secure – lock windows and doors, even when you're inside.

In your face – Distraction burglars often work in pairs or teams so if you do let someone in, make sure you close the door behind them.

Send them packing – The average age of a distraction burglary victim is 81. If someone comes to the door asking for help, send them on to a younger neighbour. If you know your neighbour's phone number, let them know what you've done. Alternatively, phone someone to come and help you or try to help through the closed door.

In a nutshell – If you're not sure, don't open the door.

For more information on distraction burglary, go to www.crimestoppers-uk.org/crimeprevention



Partying like it's 2012

If party planning was an Olympic event then Helen Matthews and Teasie Obersteller would be gold medallists. The dynamic duo from Plaistow's New City Primary School are enjoying a well deserved rest after they brought more than 160 residents together to enjoy a traditional Cockney community knees-up, thanks to the council's Let's Get the Party Started campaign.

For the past two months, the talented twosome have been planning the party of the year after discovering that the council were supporting residents to hold their own events. With help from an Inspiring People grant, they decided to hold an evening of entertainment that brought the community together.

Helen's diary...

"Our event was a sell-out success. We were joined by 160 people between the ages of 19 and 90.

"We were allowed to leave school early to go and set up the hall. We used this time to hang the bunting made by the kids and decorate tables with Union Jack placemats, flags and hats.

Our official start time was 6.30pm, but by 5.40pm we had a queue of people waiting to bag the best seats.

"Our host made everyone laugh with his jokes. We had a game of bingo, using the money we got from ticket sales as prizes. Other entertainment included singing by a professional vocalist and our surprise novelty act, which was made up of me, Teasie and three other members of staff. Together we performed a synchronised swimming act, which had to be seen to be believed!

Needless to say, we raised a lot of laughs with our unique take on this

usually artistic Olympic event, but sadly we were told we were unlikely to be asked to represent Team GB.

"Our raffle had a fantastic array of prizes thanks to the support we got from local businesses, which were only too happy to assist. Abbey Florist donated a gorgeous flower pot arrangement, Delicious Cafe gave us a voucher for two and the Traditional East End Pie 'n' Mash shop at Greengate, gave us a voucher for a family of six. A member of our older people's One O'clock Club knitted a pearly king and queen set, which was much sought-after. The raffle raised £327, part of which was used to help cover costs. The remainder will be ploughed back into providing treats for the children over the coming months.

"We gave lifts to a few people so that they didn't have to worry about how to get home. For me,



the best part of the evening was seeing everyone enjoying the event, chatting and forging new friendships. One lady discovered that another lady she met there only lives round the corner from her and they intend to meet up again soon. This was the whole purpose of the event and so we felt like we had

succeeded in our mission.

"We had lots of wonderful feedback ranging from: 'I haven't had such a good night for years' to: 'I didn't stop laughing all evening!'.

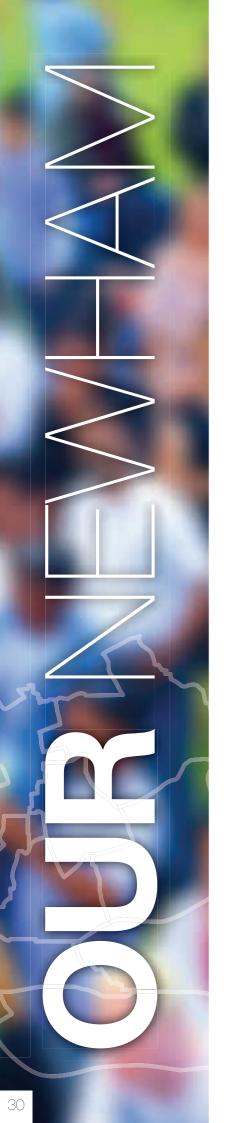
"We can't wait to do it again next year. We will provide even more entertainment but on the whole we wouldn't change much."

Get your party started

Big or small, if you have an idea for a community event we can make it happen with an Inspiring People grant for up to £500. Visit **www.newham.gov.uk/party** to download an application form and find out more.

Your activities in 2012

Are you hosting a cultural event, project, activity or exhibition taking place between May and December that's open to the public and local community? Then email details to **Jummy. Sodiende@newham.gov.uk** or call **020 3373 7511** and we can advertise it for you online.



Trying out the Olympic Park

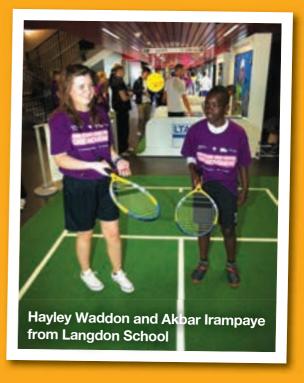
More than 1,000 young people aged between 11 and 19 got the chance to experience 13 different sports and activities in the Copper Box at the Olympic Park.

Young people from Newham were amongst those from the six host boroughs who attended the free taster day, which was also a chance to get a sneak peek of the Olympic Park. The event was opened by former hurdler Tony Jarrett and sports were hosted by local coaches.

The event was part of the One

Movement festival, run by East London Business Alliance, funded by the National Lottery and supplied by Newham Council.

Akbar Irampaye, 14, from Langdon Secondary School in East Ham, said: "It's a once in a lifetime opportunity to be able to take part in sports at the Copper Box before the Games even begin, so having this chance today is fantastic."



Folk that like to agale



Eighteen local children from Newham Woodcraft Folk gave new meaning to pedal power when they completed a 164-mile cycling expedition last month.

The group prepared for the challenge with intense training. Six boys and 12 girls cycled for five days, staying overnight in youth hostels and camping barns. The route took them from the Irish Sea in the west, over the bleak Pennines where there was still snow in places.

Despite aching limbs and gruelling hills, the team remained in good spirits throughout the challenge. As part of the project, all the young people have now completed their Level 3 Bikeability training.

To find our more about Newham Woodcraft Folk visit www.newhamwoodcraft.org.uk



A fun, free event, supported by friends of THE hub and a Newham Council Inspiring People grant, will be held in celebration of the Queen's Diamond Jubilee and the London 2012 Games on Friday 18 May, from 2-5pm.

Residents aged over 55 are invited to enjoy live entertainment and afternoon tea at the event at THE hub, Star Lane, E16. There will be a raffle with a chance to win some great prizes and visitors will be encouraged to add their Jubilee and Olympic recollections to a community memory book.

Spaces are limited so register your attendance by emailing thehubsc12@gmail.com or calling 020 7476 7851.

The friends of THE hub are also holding a quiz night on 9 June at 6.30pm. Entry to the quiz is £3 per person, plus £5.25 for a fish and chip supper. Booking is essential, email thehubsc12@gmail.com



new training centre opens

A new training centre in Stratford was officially opened by Olympic medallist Colin Jackson CBE.

Pitman Training, 44 Broadway, Stratford, provides students with first class experience and the opportunity to gain vital learning skills through a variety of part and full-time professionally tailored courses. Courses include accounting, bookkeeping and legal and medical secretarial courses.

To find out more visit www.pitman-training.com and search for Stratford.

A helping hand

Richard House Children's Hospice in Beckton has launched a new drop in service for parents and families.

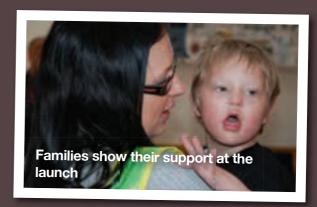
Richard House provides much needed care and services for children with life-limiting, life-threatening and complex healthcare conditions and suport for their families.

The drop-in group sessions offer children and families free advice on a range of matters. All sessions provide fun, games and activities for children, giving families the opportunity to meet others in a similar situation.

The sessions are held monthly at Richard House Children's Hospice, Richard House Drive, Beckton, E16. You can come along at any time between 10am and 2pm on the dates below:

Tuesday 15 May, Wednesday 20 June, Tuesday 17 July, Wednesday 15 August, Tuesday 18 September, Wednesday 17 October, Tuesday 20 November and Wednesday 19 December.

Call the Richard House care team on 020 7540 0243 to confirm your attendance. Lunch will be provided for all families. To find out more about Richard House visit www.richardhouse.org.uk or call 020 7511 0222.







PLEASE SEND YOUR DRAWINGS, JOKES AND POEMS TO:

KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO

newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry

GALLERY



Thaher Ahmed, 9



Sabina Bombane, 12



Leotie Clairmont, 8



Yasmin-Khadija Kabir, 9

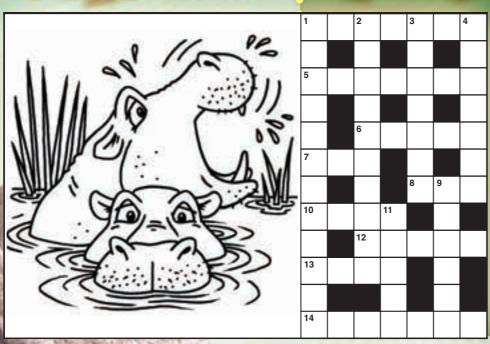
Free membership of Strofford **Picturehouse**

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU. Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. Good luck! Visit www.picturehouses.co.uk to see what's on.



olle-ine-in Arossivorc



- 1. Another name for The Netherlands (7)
- 5. Printed pictures people put up to decorate their room (7)
- 6. Unpleasant sound (5)
- 7. Animal which lives in a sty (3)
- 8. Take part in a play (3)
- 10. Very high (4)
- 12. Bird of prey (5)
- 13. Protective covering for the face (4)
- 14. Spring, summer, autumn, winter (7)

Down

- 1. Massive animal which lives in African rivers (12)
- 2. Hollywood is a district of this USA city (3,7) 3. Barack Obama's country (7)
- 4. Another name for a pudding (7)
- 9. Nelson's __ is a landmark in London (6)
- 11. These are called lochs in Scotland (5)



lokes

Why did the teacher wear sunglasses? Because the children were so bright

Where do sheep go to shop? Woolworths

What type of jam is on the road? Traffic Jam

Maria Tony, 10

FIVE PAGES OF ACTIVITIES MOSTLY FREE, ALL FUN!

To view hundreds of events, or to add your own, log on to www.newham.gov.uk/whatson

11 - 25 MAY

TRY SOMETHING NEW... FREE ENGLISH CLASSES

If you would like to improve your knowledge of English literature or brush up on your creative writing skills, then look no further than the Hamilton Centre. Courses have already begun but late enrollers are still welcome.

A ten-week creative writing course, led by a professional tutor, takes place every Tuesday at 7pm. You will also have the chance to participate in a public exhibition of your work.

If you love books, authors and reading, sign up to the English literature classes and explore a range of poems, plays and novels every Thursday at 7pm.

Both classes are held at Hamilton Road Learning Centre, Hamilton Road, E15. For more information call Matthew Herman 020 3373 8254.



ALL LIBRARY LISTINGS

See Library Contacts (next page) for venue details.

UNDER FIVES GROUPS

All open to under fives with their parents/carers.

Storytelling

Beckton Globe

Fri, 10-11am

Canning Town

Mon. 10.30-11.30am

Custom House

Tues, 10.15-11.15am

East Ham Wed, 2-3pm

The Gate Fri, 11am-12noon

Manor Park Thurs,

10.30-11.30am

North Woolwich

Thurs, 2-3pm

Plaistow Tues, 11am-12noon

Stratford Tues, 11am-12noon

and Fri. 11am-12noon

Crafts Club

Manor Park

Tues, 10.30-11.30am

Toy Library

East Ham Tues, 10am-

12noon and Thurs, 10am-

12noon

Imaginative Play

East Ham Fri. 10.30-11.30am

Night Time Storytelling

Manor Park

Thurs 17 May, 6-7pm

Plaistow

Thurs 24 May, 6-7pm

ADULT READING

Adult Reading Groups

Stratford Mon 14 May, 6.30-7.30pm East Ham Mon 21 May,

6.15-7.45pm

Teen Reading Group

Stratford Hunger Games read along, Sat 12 May, 2-3pm

OTHER EVENTS

Over 50s Club

Beckton Globe Thurs,

10am-12 noon

Do it Online - Basic

computer sessions

East Ham Fri. 10am-12noon

and 2-4pm

Plaistow Fri, 10am-12noon

and 2-4pm

Stratford Wed, 10am-12noon

Canning Town Thurs,

10am-12noon

ICT Surgeries

The Gate Thurs, 10am-12noon

Knit & Natter - craft group

for men and women of all ages and abilities

Beckton Globe

Wed. 10am-12noon

Canning Town

Fri, 10am-12noon

YOUNG PEOPLE

Homework Club - All young

people aged seven to 14 can get free study support at their local library on the days and times

below. School term only.

Beckton Globe Tues, 4-6pm Canning Town Thurs, 4-6pm

Custom House Thurs, 4-6pm

East Ham Mon, 4-6pm

The Gate Tues, 4-6pm

Manor Park Thurs, 4-6pm

North Woolwich

Mon, 3.30-5.30pm

Plaistow Thurs, 4-6pm

Stratford Mon, 4-6pm

Games Clubs – Sony PS3

or Xbox 360 and Nintendo Wii games, board games and many more free activities for eight to 13-year-olds.

Canning Town

Mon, 3.30-5.30pm

Custom House

Tues, 3.30-5.30pm **East Ham** Tues, 3.30-5.30pm **Manor Park** Mon, 3.30-5.30pm

Teen Xtra Evenings – free activities for ages 12-21.

The Gate Thurs, 6-8pm

LIBRARY CONTACTS

Beckton Globe

1 Kingsford Way, E6 5JQ. 020 337 30853

Canning Town

Barking Road, E16 4HQ. 020 337 30854

Custom House Prince Regent Lane, E16 3JJ. 020 3373 0855

East Ham High Street South, E6 6EL. 020 3373 0827

The Gate 4-20 Woodgrange Road, Forest Gate, E7 0QH. 020 3373 0856

Manor Park Romford Road, E12 5JY. 020 3373 0858

North Woolwich 5 Pier Parade,

E16 2LJ. 020 3373 0843

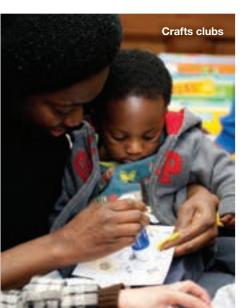
Plaistow North Street, E13 9HL. 020 3373 0859

Stratford

3 The Grove, E15 1EL. 020 337 30826

Archives and Local Studies

(limited postal and email service only) phone: 020 3373 6881 email: archiveslocalstudies@ newham.gov.uk



Community Outreach Services For more info call 020 3373 0813

SPORTS PROGRAMME

Basketball

Youngbloods Basketball

- U12s, mixed Sat, 1-3pm, East Ham Leisure Centre, E6

- U13/14s, boys Mon, 6-8pm, St Angela's School, E7 Tues, 5.30-7.30pm Newham

Leisure Centre, E13

- U14s, girls

Mon, 4.30-6pm, St Angela's School, E7

Tues, 5.30-7.30pm, Newham Leisure Centre, E13

- U15/16s, boys

Tues, 6-8pm, East Ham Leisure Centre, E6

Fri, 6-8pm,

St Angela's School, E7

- U17/18s boys

Tues, 8-9.45pm, East Ham Leisure Centre, E6

Thurs, 7-9pm, St Bonaventure's School, E7

Fri, 6-8pm,

St Angela's School, E7
Each session costs £1. For
more info call 07958 307 657.

Football (free)

Mayor's football League

8-16s, Mon, 4-6pm Newham Leisure Centre, Prince Regent Lane, E13

4v4 Football

8-19s, Wed, 5-7pm Stratford Park MUGA, West Ham Lane, E15

5v5 Football

8-19s, Fri, 5-7pm Royal Victoria Gardens, Pier Road, E16

4v4 Football

8-19s, Fri, 5.30-7pm Snowshill MUGA, High Street North, E12

5-a-side Tournaments

(First Sat of the month) U12s/U14s/U16s, Sat, 10am-1pm Plashet Park, Plashet Grove, E7 8-19s, Wed, 7.30-9pm. Winsor community MUGA, Manor Way, E6 For more info call Abul Hussain on 020 3373 4119 or emali getactive@newham.gov.uk

WHU Kickz (free)

Mon, U14s, 4-5.30pm - 15+, 5.30-70pm West Ham United Community Astro Turf (Beckton), E6 - 11-18s, 5-8pm Forest Gate Youth Centre, E7 **Tues**, U14s, 4-5.30pm - 15+, 5.30-7pm West Ham United Community Astro Turf (Beckton), E6 - 11-18s, 6-9pm Priory Park MUGA, E6 Wed, 11-18s, 5-8pm Priory Park MUGA, E6 **Thurs**, 11-18s, 4-7pm Priory Park MUGA, E6 *Fri*, U14s, 4-5.30pm - Girls 11+, 5.30-7pm West Ham United Community Astro Turf (Beckton), E6 - 11-18s, 5-8pm Forest Gate Youth Centre, E7

Air Football 16+

Tues, 1-3pm, Stratford Park, E15 Fri, 3-5pm, Beckton Powerleague, E6. For more info visit www.airfootball.co.uk

Ascension Football Academy

All sessions £3
School yrs reception to 11,
9.30-11.45am
King George V Park, Kind
George Avenue, E16. For more
info call 020 7511 1232

Basketball

Newham All Star Sports Academy (NASSA)

All sessions take place at UEL, Docklands Campus, University Way, E16. Sessions are £1 unless indicated otherwise. Visit www.nassasports.org.uk for more info.

Wed, 4.20-6pm, U13-14 6-8pm, U16-18



8-10pm, Senior Men
Thurs, 4.20-6pm U13-14
6-8pm, U16-18
8-10pm, Senior Women, £2
Fri, 4.20-6pm, U13-14
6-8pm, U16-18
8-10pm, Senior Men Run, £2
Sat, 10.20am-12.20pm, junior boys and girls, 8-14, £2
For more info call 07703 503
995 or 07712 176 301

National League

Mon, 6-8pm, U13/14s, Rokeby School, Barking Road, E16

Tues, 6-8pm, U15/16s Rokeby School, Barking Road, E16

Thurs, 4.30-6pm, U13/14s boys, U14s girls, Newham Leisure Centre, Prince Regent Lane, E13 6-8pm, U16s, Newham Leisure Centre, Prince Regent Lane, E13 6-8pm, U18s, Cumberland School, Oban Close, E13

Gifted and Talented

Fri, 4.15-5.30pm Cumberland School, Oban Close, E13

Basketball Session

Sat, 10am-12noon Newham Leisure Centre, Prince Regent Lane, E13

Senior Men/Women Programme

Mon, 7.30-9.30pm Division 2 Women and Division 3/4 Men. Rokeby School, Canning Town, E16



For more info call NASSA on 07947 401 616

Handball (free)

8-16s, Tues, 3-4.30pm 16+, Fri, 6-8pm Newham Leisure Centre, Prince Regent Lane, E13. For more info email aranka. bekker@newham.gov.uk

Multi sports (free)

Wed, 1-3pm and 5-7pm, 16+ Stratford MUGA, West Ham Lane, E15 Fri, 5.30-7pm, 8-19s Snowshill MUGA, High Street North, E12. For more info call Abul Hussain on 020 3373 4119 or email getactive@newham. gov.uk

Athletics

Sun, 10.30am-12.30pm, 10-19s Newham Leisure Centre, Prince Regent Lane, E13 For more info email coral. nourrice@newham.gov.uk

- Newham and Essex Beagles Athletics Club, Mon and Wed, 6.30-9pm, 10+ Sun, 10am-1pm. For more info call 020 7511 4477 or email jacqueline.ramsden1@ btinternet.com

Cricket

Wed, 6-8pm, 8-18s Lister Community School, St Mary's Road, E13 For more info call Abul Hussain on 020 3373 4119 or email getactive@newham.gov.uk

Boxing

West Ham ABC - community boxing, 11-19s Free Olympic style amateur boxing sessions.
Hathaway Community Centre
Hathaway Crescent, E12
Wed, 7pm. For more info email
carl.barton@newham.gov.uk
or call 020 8430 2000

- West Ham Boys ABC 9+, boys and girls Mon, Wed, Fri, 5-6pm The Black Lion, 59-61 High Street, E13. For more info call 020 8472 3614
- Peacock ABC 8+, Mon, Wed, 6-8pm boys and girls Caxton Street North, E16. For more info call 020 7511 3799
- Newham Boys ABC 6+, boys only Mon, Wed, Fri, 6-7.45pm Old Bath House, 141 Church Street, E15. For more info call 020 8519 5983
- Fight For Peace 11+, boys and girls Woodman Street, North Woolwich, E16. For more info call 020 7474 0054

Non-contact boxing

Wed, 7-8pm, 11-19s
Hathaway Community Centre,
Hathaway Crescent, E12.
For more info email carl.
barton@newham.gov.uk

Hop, skip and punch (16+)

Free fitness classes
Mon, 5-6pm, Field Community
Centre, Field Road, E7
Wed, 5-6pm, Beckton
Community Centre, 14 Manor
Way, E6
Fri, 5-6pm, Katherine Road
Community Centre, Katherine
Road, E7. For more info email
carl.barton@newham.gov.uk

Table Tennis

For beginners and intermediate adult players
Thurs, 6.30-9pm
Stratford School, Upton Lane,
E15 (Doris Road entrance).
For more info call 07976
577 716 or 07828 866 031
or email ginny.harris10@
btinternet.com

Tues, Thurs and Fri, 7-9pm Sun, 10.30am-12.30pm Langdon School, Sussex Road, E6.

All levels welcome with some experience. £2 per session. For more info call 07956 904 189 or email igorquan@yahoo. co.uk

Sat, 11.15am-1.15pm St Mark's Community Centre, Tollgate Road, E6 For more info call 020 7476 4580 or email juliandias@ talktalk.net

Hockey

Mon, 3-5pm, 8-14s Kingsford Astro, Kingsford Way, E6 (by Asda car park). For more info call Abul Hussain on 020 3373 4119 or email getactive@newham.gov.uk

Rugby

Tues, 4-6pm, 10-16s
Memorial Park, Memorial
Avenue, E15. For more info
call Abul Hussain on 020 3373
4119 or email getactive@
newham.gov.uk

Volleyball

Mon, 3.30-5pm, 11-18s Royal Docks School, Prince Regent Lane, E16. For more info call Abul Hussain on 020 3373 4119 or email getactive@ newham.gov.uk

Newham Swords (4+)

Tues, 6.30-9pm
Thurs, 6.30-9pm
Fri, 7.30-10pm
The Hub in the grounds of
Newham Leisure Centre, Prince
Regent Lane, E13.
For more info call Linda
Strachan on 07956 618 898 or
visit www.newhamswords.co.uk

Dare 2 Dance

Free street dance classes for girls, 12-16s
Fri, 3.30-5.30pm
Newham Leisure Centre (New Indoor Multi Sports Centre),
Prince Regent Lane, E13.
For more info call Nicole Napier on 07970 783 526 or email nicole.napier@newham.gov.uk

Newham Striders

Free, sociable walking group that go striding in the local area seven days a week. For more info email paula.peaty@newham. gov.uk or call 020 8430 2000

Newham Shoujin Karate

During term time only
Sessions for beginners:
Mon, 6.20-8.20pm,
Docklands Shoujin Karate
Club, Sports Dock, UEL
Docklands Campus, E16
Wed, 4.30-5.30pm,
Thurs, 6-8pm,
Fri, 6-7pm and 7-8pm,
Sun, 10-11am, Newham Leisure
Centre, Prince Regent Lane,
E13. For more info call 07508
070 638 or visit shoujin.co.uk

WCKD Karate & Self Defence Institute

Teaching Freestyle Karate and self defence All levels including beginners,



children, 5-9s, £3.50, Mons and Weds, 5-6pm and Sat, 11am-12noon.

Juniors, 10-15s, £5 Mons and Weds 6-7pm and Sat, 12noon-1pm, Maryland Studioz, 84-86 Leytonstone Road, Maryland, Stratford, E15. For more info call 07535 928 297 or email wuchikwondo@gmail.com

Woodside Badminton Club

Intermediate and club standard players welcome, Fri, 8-9.30pm, £5 waged/£3 unwaged, Carpenters Docklands Centre, 98 Gibbins Road, E15. For more info call 020 8514 1586

East End Road Runners

Free coached sessions for all abilities.

Tues and Thurs, 7pm Sun, 9am, meet on the track, Newham Leisure centre, Prince Regent Lane, E13. For more info call 07979 261 647

Cycling – sessions and guidance

Wed, 11am, 12.15pm and 1.30pm Fri, 12.15-2.15pm. Free, all equipment provided F13 Waterfront Studios, 1 Dock Road, E16. For more info call 020 7055 0808 or visit www. careinmind.org.uk

Zumba classes

Thurs, 7.30- 8.30pm, St Nicholas Church Hall, Gladding Road, E12, £5 per class. For more info call 07720 805 505

Family Fitness classes

£4-£6 for adults, £1 for children/ teens.

Outdoor classes

Adult only Boot Camp, Tues, 9.30-10.30am Family Boot camp (children must be 7+) Tues, 5-6pm Teens only Boot Camp (13-16) Weds, 5-6pm Family Boot Camp, Sat, 11.30am-12.30pm Grassroots, Memorial Park, E15. To register for outdoor classes call 07904 625 402 or email info@5starphysique.co.uk

Indoor classes

Funky Kids Skiptrix (7+ jump rope based exercise and games) Thurs, 5-6pm
Adults Skiptrix Circuits, Thurs, 6.15-7.15pm
The Hub, 123 Star Lane, E16.
For more info call 07904 625
402 or visit www.5starphysique. co.uk

Twisted Pink 7-12 yrs, £2.50

aol.com

Singing: Tues, 5.30-6.30pm Drama: Thurs, 5.30-6.30pm Street Dance: Fri, 6-7pm 13+, £3 Street Dance: Fri, 7-8pm Maryland Studioz, 84-86 Leytonstone High Road, E15. For more info call 07534 513 307 or email twistedpink26@

Free Men's Health Football Fitness Sessions

Sat, 10-11am, West Ham United Community Training Facility, 60a Albatross Close, E6. For more info call 020 7473 7724

Free Family Fit Club

Sat, 11am-12noon, West Ham United Community Training Facility, 60a Albatross Close, E6. For more info call 020 7473 7724

Newham Young Britons A.S.C

Learn to swim and/or improve your strokes.

Men's session, (12 week course, £70.60) Sat, 5.30-6.15pm

Children's session, (£2 per session) 5-16, Sat, 6.15-7pm Newham Leisure Centre, Prince Regent Lane, E13. For more info call 07956 304 518

Yoga Classes

£5.50 for full-time workers or £3.50/£4 for students and those in receipt of benefits Tues, 6.10-7.10pm and Fri, 10.30-11.30am, The Hub, 123 Star Lane, E16 Wed, 6.30-7.30pm The Unitarian Church, West Ham Lane, E15. For more info call 07956 808 007 or visit www.yocoma.co.uk

FEMALE ONLY ACTIVITES

Women United FC (11+)

Mon (term time only) 6-7.15pm, Kingsford School, Kingsford Way, E6. For more info call 07968 665 849

Girls spinning sessions

11-16, Mon and Wed, 4-4.30pm. Newham Leisure Centre, Prince Regent Lane, E13 For more info call 020 7511 4477

Female only gym sessions

Free, 11-16, Tues and Thurs, 3.30-5pm. 16-25, Weds, 1.30-3pm. Newham Leisure Centre, Prince Regent Lane, E13. For more info call 020 7511 4477

Female box-fit classes (16+)

Mons, 4.15-5.15pm, Balaam Leisure Centre, Balaam Street E13. For more info call Carl Barton on 020 3373 6034

Girls Football

Mon, 6-7.30pm U12/14s football tournaments Kingsford Astro (entrance by Asda car park) Beckton, E6. For more info call 020 8556 5973.

Girls Football

12-14s football coaching and tournaments
Tues, 3.30-5.30pm
Newham Leisure Centre,
Prince Regent Lane, E13.
For more info call Farrakh
Khan 020 8556 5973 or email

Farrakh.Khan@locsp.org Female Multi-Sports

Cardio, Tennis, Handball, Rounders, Football and more. 10-16s, 4.30-6.30pm, Tues,



4.30-6.30pm Newham Leisure Centre, Prince Regent Lane, E13.

Fri, 4.15-5.15pm, Little Ilford Youth Zone, Rectory Road, E12. For more info call Farrakh Khan 020 8556 5973 or email Farrakh. Khan@locsp.org

Sheila's Yummy Mummy buggy (16+)

£5 per session
Mon, 10-11.30am
East Ham Central Park, E6 (meet
outside cafe in the park)
Fri, 10-11.30am, Plashet Park,
Plashet Grove, E6.
For more info call 07908 614
958 or email spoleon@aol.com

Get back into Netball

OPA Netball Club sessions.
Tues, juniors, 6-7pm, seniors,
8-9.30pm. £2 per session.
Lister Community School, St
Mary's Road, E13. For more
info call 07717 281 529 or email
opanetballclub@hotmail.com

Unity Zumba (7+)

Classes are £5 each adults, children £3.

Mon and Wed, 8-9pm

Hartley Centre, 267 Barking Road, E6

Tues and Thurs, 8.15-9.15pm,

St Mark's Community Centre, 218 Tollgate Road, E6

Fri, 7.30-8.30pm

African Caribbean Centre, 627-633 Barking Road, E13

Sun, 6.30-7.30pm

The Well Centre, 49 Vicarage Lane, E6. For more info call 07886 884 573

Zumba classes Tues, 8-9pm,

£4 per hour, The Swift Centre, 387 Barking Road, E13

Thurs 7.30-8.30pm,

£4 per hour, The Hub, 123 Star Lane, E16. For more info call 07500 898 665

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Free Flying Wheels club for

young wheelchair users 6-22.

Multi-Sports

Wed and Fri evenings, 6-8pm. Rokeby School, Barking Road E16. For more info call 07888 085 259 Mon, 4-5.30pm, Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School, E16 U19s, Fri, 4.30-6.30pm, Newham Leisure Centre, E13. Disabled Multi-Sports. Tues, 10.30am-12noon, Newham Leisure Centre, E13. For more info call 020 7511 4477 Fri, 4.30-6pm, NewVIc, Prince Regent Lane, E13. For more info call 07811 671 082

Ability Club

11-25, Fri, 4.15-6.15pm Newham Sixth Form College, Prince Regent Lane, E13. For more info call 07811 671 082

Wheelchair Basketball

11-19, Wed, 4-5pm Rokeby School, Barking Road, E16. For more info call NASSA on 07947 401 616

Free Family swims for disabled children and adults

Newham Otters Swimming Club, Sat, Newham Leisure Centre, E13, 4.30-5.30pm. For more info call 07931 788 739 Family Swim, Sun, 12.30-2pm, Balaam Leisure Centre, E13, £5. For more info call 020 7476 5274

Get fit for free

Free use of the gym for one year for people with learning disabilities at Newham Leisure Centre. Tues, 1.30-3.30pm and

Fri, 10am-12noon. To book an induction call on 020 7511 4477

B1 Football Club

Third Sun of every month, 10am-12noon, East Ham Leisure Centre, E6

Free Trampolining sessions

U19s, Fri, 5-7pm and Sat, 12noon-2pm, Newham Leisure Centre, E13. For more info call 020 7511 4477

Free soft play and exercise to music

Sat, 2-3pm, Newham Leisure Centre, E13. For more info call 020 7511 4477

Mixed swimming session for adults and children

Wed, 10am-12noon, East Ham Leisure Centre, E6. £1.15 per session. For more info call 020 8548 5850

Free swim for families dealing with autism

Wed, 4-5pm, Balaam Leisure Centre, E13. For more info call 020 7476 5274

OTHER

ASD Kings and Queens Homework Club

Study support for young people aged 11-16 alongside African History and Social Development Classes. All sessions £5. Thurs, 4-6pm, The Grassroots Centre, West Ham Recreational Park, E15. For more info call 07538 024 039 or email kqes@ africanssonsanddaughters.com

Saturdads

For fathers and children aged 0-16. Free weekly events with activities including gardening, shed projects, go kart building and more. Sat, 12noon-3pm, Chandos East Hub, 90 Chandos Road, E15. For more info call 020 8221 2137

Spring festival

Open to all residents, 12noon-4pm

East Ham forum: Sat 19 May, Nelson Primary School, Napier Road

Green Street forum: Sat 26 May, Sandringham School, Sandringham Road

COMMITTEE MEETINGS

All meetings take place at Newham Town Hall, Barking Road, E6, unless specified

Tues 15 May

Crime and Disorder Scrutiny Commission, 7pm, Committee Room 2

Wed 16 May

Licensing (2003 Act) Sub-Committee, 10am, Council Chamber

Thurs 17 May

Annual General Meeting, Council, 7pm, Main Hall, Old Town Hall Stratford, E15 Joint Meeting of Committees, 7.30pm, Main Hall Old Town Hall Stratford, E15

Mon 21 May

Local Development Committee, 7pm, Council Chamber, Old Town Hall Stratford, E15

Tues 22 May

Overview and Scrutiny Committee, 7pm, Committee Room 1

Thurs 24 May

Cabinet, 5pm, Council Chamber Mayoral Proceedings, 5.15pm, Council Chamber

MEET THE MAYOR

Meet Sir Robin Wales

Mon 14 May, The Place 2 Silvertown Way, E16, 9.30-10.30am

USEFUL NUMBERS

020 8430 2000

Hundreds of services, just one number – for all council enquiries For questions about councillor surgeries or to find out which ward you live in, call 020 8430 2000 or visit www.newham.gov.uk/

yourcouncillor

Write to the Mayor at Newham Town Hall, Barking Road, London, E6 2RP or email mayor@newham.gov.uk For information about Community Forums freephone 0800 519 4015 or email community.forums@newham.gov.uk

For information about the 2012 Games and how it will affect Newham, visit www. newham.gov.uk/2012Games
To report anti-social

behaviour – anything that causes your local area to look unsightly or makes other residents' lives unpleasant – call Newham's 24-hour hotline on 0800 731 3300

To speak to the Newham Mag team, call 020 3373 1517 or email newham. mag@newham.gov.uk

Tues 15 May, Newham Town Hall, Barking Road, E6, 5-6pm

Please arrive promptly at the start of each surgery

Speak to Sir Robin Wales

Wed 23 May, Call 020 8430 2000 between 9.30am and 10.30am and speak directly to the Mayor



Be a part of the Newham Carnival

Saturday 21 July

Afterwards enjoy the Mayor's Newham Show in Central Park, East Ham.



Celebrating
the London
2012 Olympic
Torch Relay



Brought to you by the Mayor of Newham

Carnival Camp

Sign up now to attend a FREE Carnival Camp:

- design and make a costume and flag
- open to all (ages 5+)*

Carnival Camps will take place in the weeks leading up to the Newham Carnival.

Register your interest now, email your name & telephone number to carnival@newham.gov.uk

Medals will be awarded to all participants

* Please note that children under the age of 11 must be accompanied by an adult.



"We held a fantastic Let's Get the Party Started event, so why don't you?"

You can get between £250-£500 to organise your own street party or event to celebrate the Queen's Diamond Jubilee or the London 2012 Games.

Find out more at: www.newham.gov.uk/party

Brought to you by the Mayor of Newham